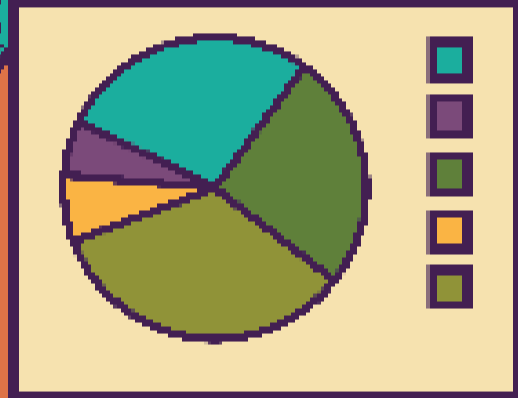




ONE EARTH ONE HOME

STEP 2 LOOK AND LEARN



CLASSES 6, 7 & 8

ACTIVITY BOOK

Hello and Welcome to One Earth One Home programme!

Did you know that besides you, there are other creatures too that live in your house? Some of them are more visible whereas others become our hidden housemates!

We share our planet - Earth with many plants and animals. And we must respect them whether they are in the jungles or our houses. Plants, animals and humans must thrive together, for a happier and healthier planet forever.

And it all starts by us taking a few steps to learn about nature, adopt green habits and create eco-friendly homes.

So, we got you the One Earth - One Home programme, the best way to spend your time exploring nature today.

It has three main steps:



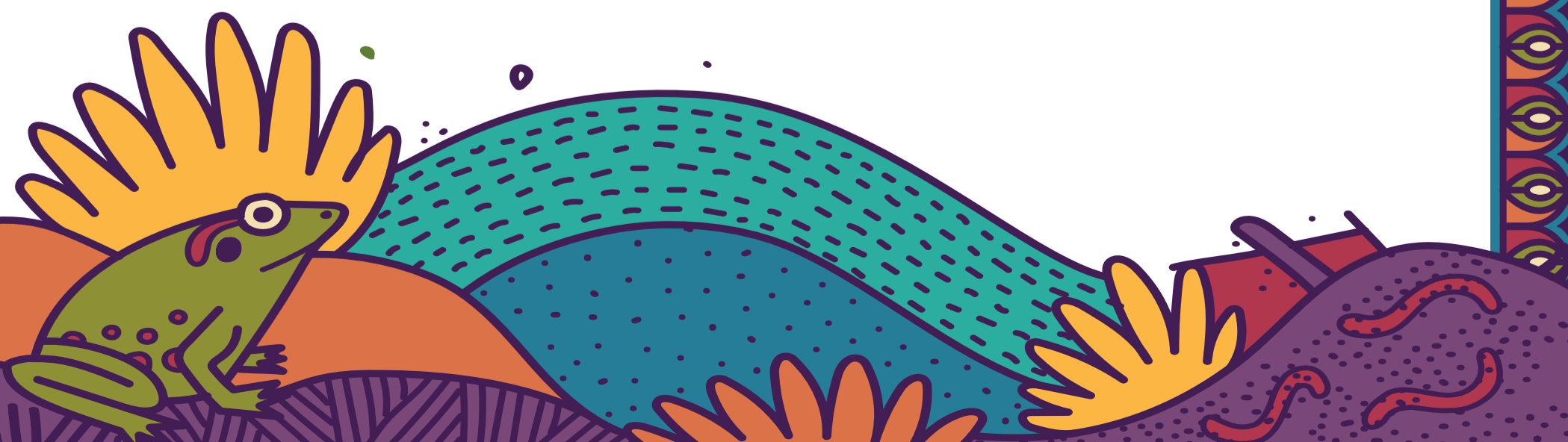
STEP 1 - SEEK AND FIND



STEP 2- LOOK AND LEARN



STEP 3- DISCUSS AND DO



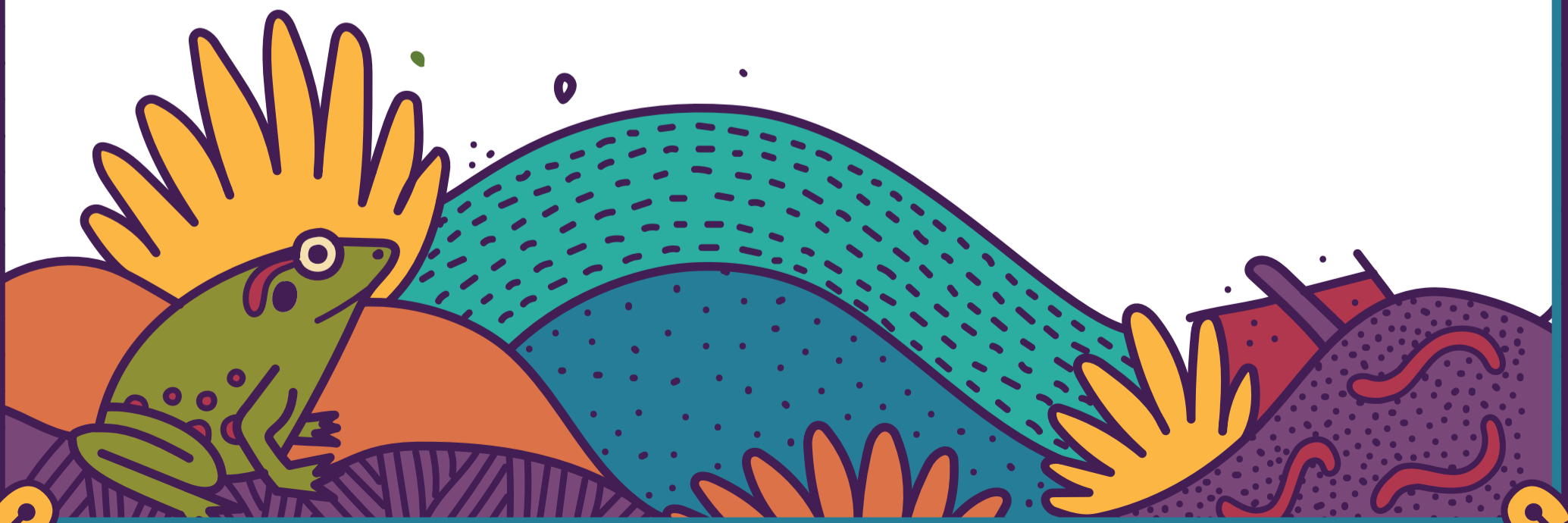
NOTE TO THE PARENTS/GUARDIANS

“

“One Earth- One Home” is a short 10 week programme with only 30 mins of activity time required per week.

- The worksheets can be printed out or can be completed on a blank paper/notebook.
- Accompany and support your child during all the activities. Help them in completing the worksheets.
- Each activity has a short supporting video, which will be sent to the teachers via WhatsApp or can be downloaded from the link provided with each worksheet.






”



STEP 2 LOOK AND LEARN

We are halfway through! It's time to take the second step of 'One Earth One Home'. It contains 3 worksheets and 1 video.

INDEX

- | | | |
|---|---|-------|
|  | Video V2A: Our Choices Matter
Watch a photo story of a house which is simple, well designed and cares for the planet. https://youtu.be/P-AoVR9gbNU | Pg. 1 |
|  | Worksheet W2A: My Habit Checklist
Check your habits from the chart and count if you have got more handprints or footprints. | Pg. 2 |
|  | Worksheet W2B: Is my home an Eco-friendly Home?
Find out how eco-friendly is your home. | Pg. 4 |
|  | Worksheet W2C: Family Meeting
Discuss your findings and draw the things that your family will do to become a more eco-friendly home. | Pg. 7 |
|  | Recap and More
Revise what you have learnt and report back. | Pg. 8 |

One Earth, One Home also helps in achieving Sustainable Development Goals (SDGs).

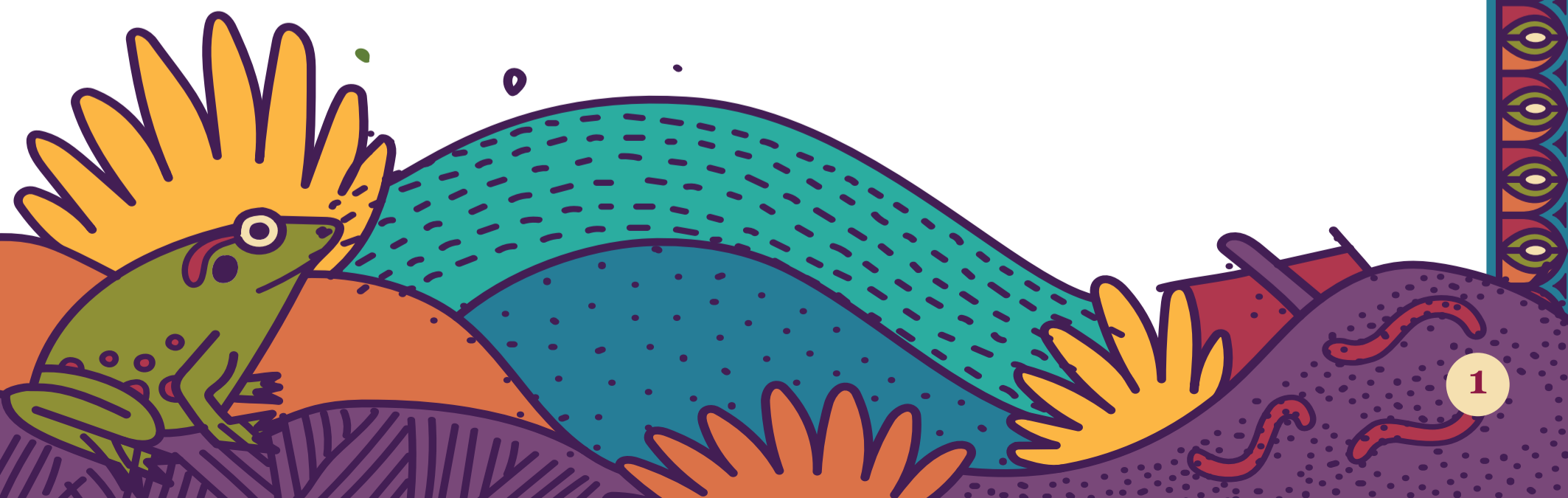
STEP 2 IS FOR :



VIDEO V2A

VIDEO TIME Our Choices Matter


































Watch a photo story of a house which is simple, well designed and cares for the planet. <https://youtu.be/P-AoVR9gbNU>



WORKSHEET
W2A
My Habit Checklist!

On your notebook, draw the table given below with a handprint and a footprint.

HABIT CHECKLIST -

Sno.	Habits	Always	Sometimes	Never
1.	I turn off running taps.			
2.	I get the leaking taps fixed instantly.			
3.	I reuse water in every possible way.			
4.	I collect rainwater in a covered container.			
5.	I play with water.			
6.	I let the tap running while brushing teeth.			
7.	I waste paper from notebooks.			
8.	I carry a bag for shopping.			
9.	I ask for a plastic bag to shopkeepers.			
10.	I drink water from a plastic bottle.			
11.	I throw all the waste in one dustbin.			

12.	I eat food that comes in packets			
13.	I eat seasonal fruits.			
14.	I grow plants and take care of them.			
15.	I buy new items instead of repairing old ones.			
16.	I read and listen to stories about plants and animals.			
17.	I ask others to care for plants and not trouble animals.			
18.	I switch off lights when not in use.			
19.	I take short rides on a motorbike/car.			
20.	I give food to birds, insects and other wild animals.			

Now count the number of handprints and footprints you have got!

			
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What did you get more?

Is My Home an Eco-friendly Home?

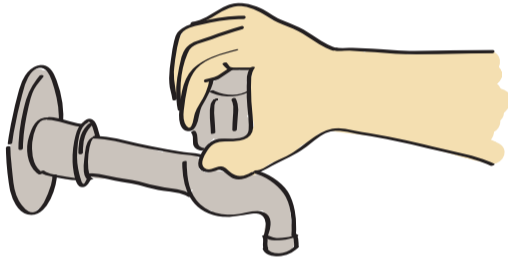
In our homes, we use water, cook food, wash clothes and other household things. The way we use things from nature tells if our home is eco-friendly or not.

Now, look at the Eco-friendly Home Checklist below. Colour or write the serial numbers of the boxes from the table, for all the things that you and your family do at home.

ECO-FRIENDLY HOME CHECKLIST



WATER



1. We fix Leaky taps within a day.



2. We use a Bucket for bathing.



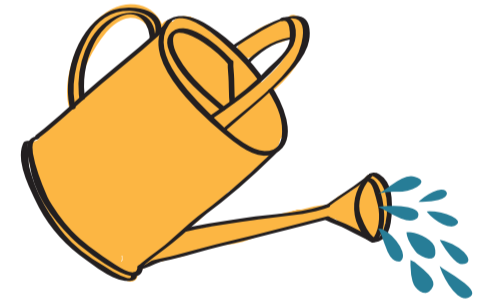
3. We reuse the water used for washing clothes to clean the floor/vehicle.



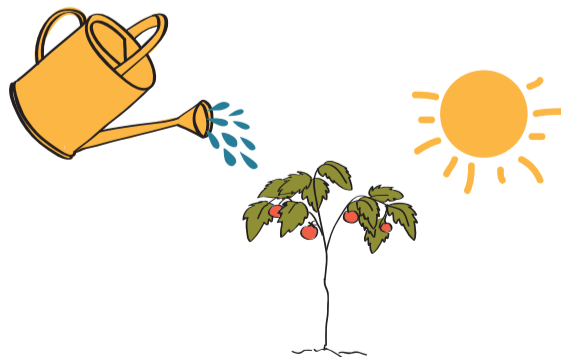
4. We collect rainwater in a covered container for later use.



5. We rinse our vegetables under a running tap.



6. We water our plants only when needed.



7. We water our plants during early morning or evening.



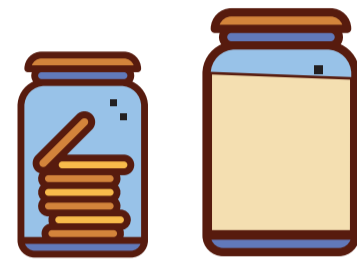
FOOD



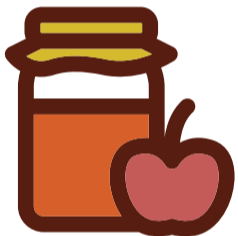
1. We grow some of the food that we eat.



2. We eat the fruits and vegetables that are grown locally.



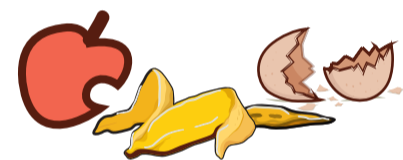
3. We store our food carefully to avoid wastage.



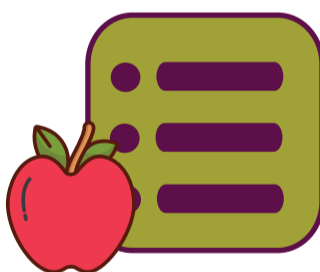
4. We make jams and pickles at home.



5. We cook fresh food and in the required quantity.



6. We use food scraps for composting.



7. We plan our meals – What we want to eat and how much is required.



WASTE



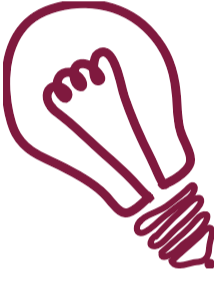
1. We collect wet and dry waste separately.



2. We compost our garden waste.



3. We always carry our bag for shopping.



4. We think before we buy new things for the house.



5. We avoid buying things that come with a lot of plastic.



6. We reuse bottles and containers.

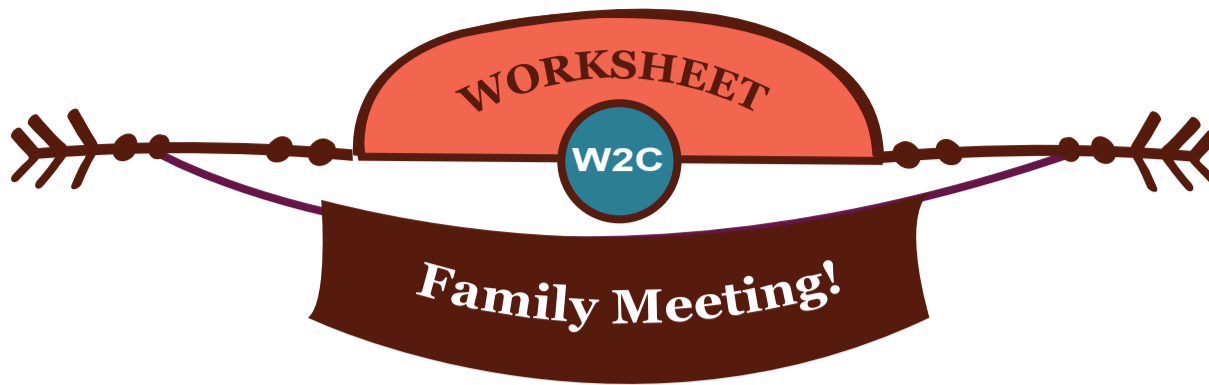


7. We repair our household items.

GREEN HOME SCALE

Count and Write! How many things you do under each of the three groups?		
WATER	FOOD	WASTE

To become a more eco-friendly home, you and your family can do the actions given in the checklist above.



Show the Eco-friendly Home Checklist (Worksheet W2B) to your family and discuss the scores your house has earned.

Decide and write the things that your family does now and the things that they will change to become a more eco-friendly home.

	Not so Eco-friendly things my family does currently	Things we will change in our house
 WATER		
 FOOD		
 WASTE		



RECAP TIME!

Congratulations! You have completed Step 2.

Let's see what we have learnt till now! Write in the boxes the things you have learnt in this part and things you already knew.

1. Things I knew already

2. New Things I learnt